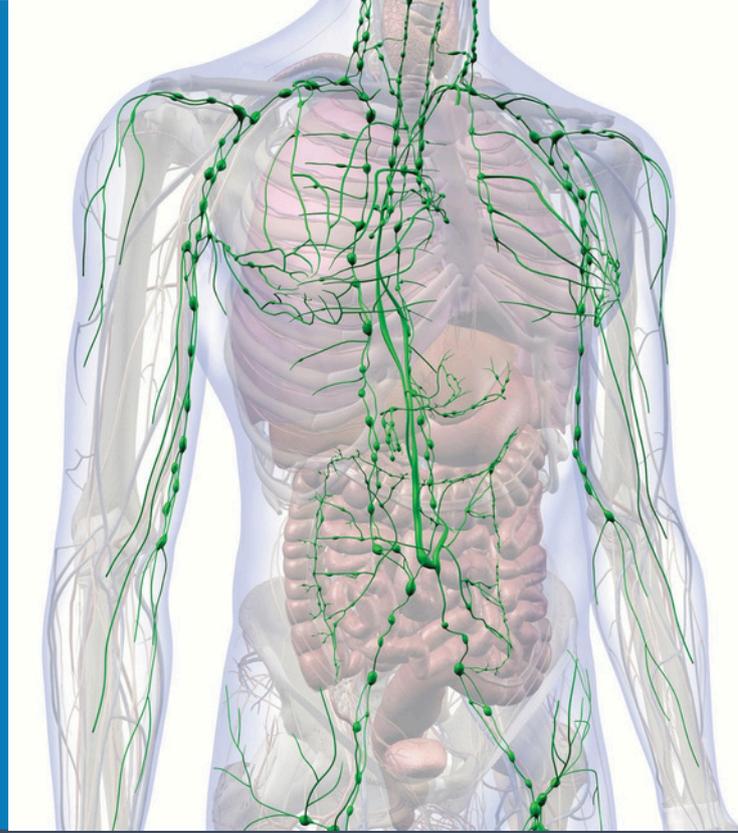




**LYMPHOEDEMA
LIPOEDEMA**
EDUCATIONAL SERVICES

Lymphatic Massage including Head & Neck Workshop



Sunday, 5th September 2026- 9.00am to 3.00pm
Holbrook Library Complex, Library Lane, Holbrook NSW 2644

Autoimmune dysfunctions, surgery, cancer diagnosis/ treatment and more, can contribute to changes in the lymphatic system. New findings around Starlings Forces and imaging are changing the way we view the lymphatics and its role in the circulatory and immune system. This workshop will demonstrate the effective use of Lymphatic Massage for upper and lower body including head and neck. Highlighting the pathways and manage scar tissue and/or fibrotic tissue from surgery or radiation therapy. Other areas to be addressed will be hand pressure techniques and the directional lymphatic pathway that leads to better patient outcomes.

Areas to be covered:

- Overview of anatomy of the lymphatic system
- Learn and demonstrate new findings around the lymphatic system and the latest technology and advancements in imagery
- Learn optimal pressure to use and when
- Contraindications
- Learn the difference between oedema, Lymphoedema and Lipoedema

Time will be allocated to practice technique

**This workshop is open to all healthcare professionals.
Please check with relevant bodies for Professional
Development Points.**

Registration Fee: \$350 + GST

Bookings required 10 days prior to event unless sold out



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