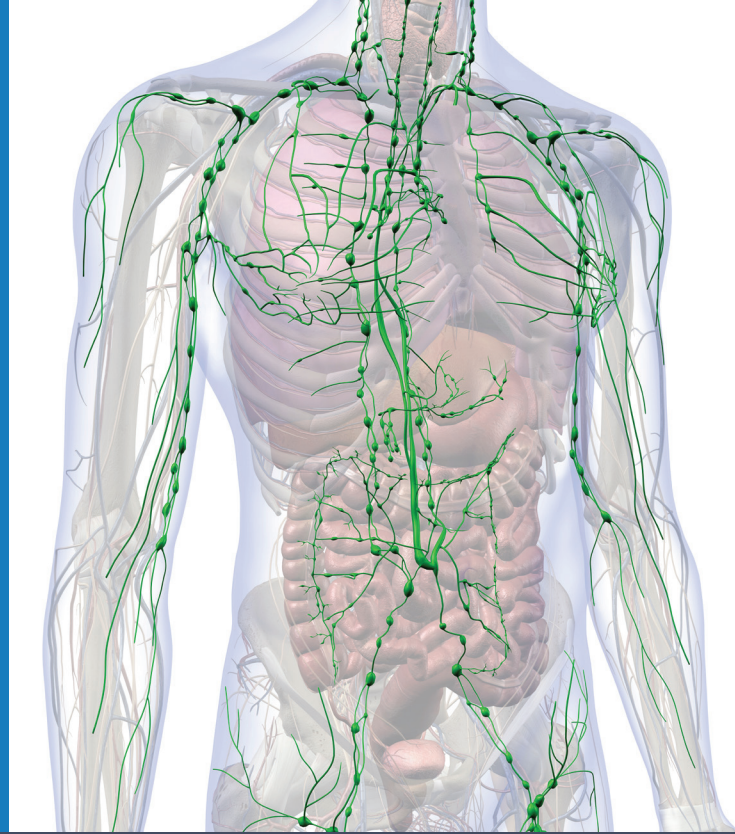




**Lymphoedema Lipoedema
Education Services**

Lymphatic Massage including Head & Neck Workshop



Sunday, 7th September 2025 - 9.30am to 3.30pm
Holbrook Library Complex, Library Lane, Holbrook NSW 2644

More focus in recent times have put the lymphatic system in the spotlight. Lymphatic treatments have shown positive outcomes to Autoimmune dysfunctions, post surgery, some forms of cancer diagnosis. New findings around Starlings Forces and imaging are changing the way we view the lymphatics and its role in the circulatory and immune system. This workshop will demonstrate the effective use of Lymphatic Massage of the upper and lower limbs including head and neck. Attention to pathways involved with scar tissue and/or fibrotic tissue caused from surgery or radiation therapy and the latest findings around hand pressure techniques.

Areas to be covered:

- Overview of anatomy of the lymphatic system
- Learn and demonstrate new findings around the lymphatic system and the latest technology and advancements in imagery
- Learn optimal pressure to use and when
- Contraindications
- Learn the difference between oedema, Lymphoedema and Lipoedema

Time will be allocated to practice technique

This workshop is open to all healthcare professionals. Please check with relevant bodies for Professional Development Points.

Registration Fee: \$280 + GST

Bookings required 10 days prior to event unless sold out



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